

Diocese of Columbus
DIOCESAN RECREATION ASSOCIATION
197 East Gay Street
Columbus, Ohio 43215

VOLLEYBALL RULES

1. **OFFICIAL GAME RULES:**

A. Current National Federation Rules will be utilized in all situations with the exception of those specifically outlined.

2. **LEAGUE ALIGNMENT:**

A. Leagues will be broken down in accordance with the sixth, seventh and eighth grade enrollment in the parish grade schools.

3. **GAME POSTPONEMENT:**

A. In the event a parish fails to have a team of eligible competitors prepared to play fifteen (15) minutes after the scheduled starting time, the contest may be claimed by forfeiture. There will be no mutual consent to postpone. The score will be 2 - 0.

B. The above rule applies to the first scheduled game of the day. No other game has a grace period. If you are not ready to play the second match on time, the first game will be a forfeit. The second game must start in ten minutes or the match is a forfeit.

4. **TEAM PLAYERS:**

A. All teams, regardless of level, will commence play with six (6) players and may continue with fewer than six (6) players.

B. The Diocesan Recreation Association **will not** use a libero in any of the leagues.

C. Roster Changes

Please see Administrative Information. Temporary moves are permitted, **in extreme cases**—i.e. to make the 6 players needed for a match. Players will be permitted to play in **no more than three (3) matches per weekend**. If a player is moved up and is sitting on the bench, they are expected to play and playing time rules are to be followed. A Roster Amendment Form must be submitted to the league director within 24 hours of the match.

5. **VOLLEYBALL NET:**

A. Height of the net will be seven (7) feet, four (4) inches for Varsity and Jr. Varsity.

B. Height of the net will be seven (7) feet for Sr. Reserve, Reserve and Jr. Reserve.

6. **Playing time:**

Varsity Recreational, Jr. Varsity Recreational, Sr. Reserve, Reserve and Jr. Reserve-

All players **MUST** play at least one uninterrupted game, in either the first or second game of the match.

Varsity Competitive and Jr. Varsity Competitive teams-

All players must be entered in either the first or second game of the match.

Violations of this rule will result in suspension of the coach or the forfeit of a game won.

Substitutions for Varsity and Jr. Varsity Competitive teams see DRA rule 12.

7. Varsity and Jr. Varsity, and Senior Reserve will play with Rally Scoring Rules

A. Each team will play a three game match. Should the match end after two games, one team winning the first two, with time permitting, play the third game. **ALL players must participate in one of the first two games of the match.**

B. A game is complete when one team scores a total of twenty five (25) points. The winning team must have a two point advantage. If a team is not two points ahead when twenty five (25) points have been scored, play continues until one team is two points ahead. If the match goes to the third game, the score will go to fifteen (15) points.

C. Ten minute warm up time before the match begins. SUGGEST 3 MIN. BUMP TIME, 3 MIN. SPIKE TIME AND 4 MIN. SERVING TIME.

D. If each team can provide a line judge, they will be used. The officials will instruct them on what to do before the match begins.

E. **Senior Reserve**--When a player has served 5 straight points, the team will rotate.

8. Reserve and Jr. Reserve Level will play with Rally Scoring Rules

A. Each team will play a three game match. Should the match end after two games, one team winning the first two, with time permitting, play the third game. **ALL** players must participate in the first two games of the match

B. A game is complete when one team scores a total of thirty (30) points. The winning team must have a two point advantage. If a team is not two points ahead when thirty (30) points have been scored, play continues until one team is two points ahead. If the match goes to the third game, the score will go to fifteen (15) points.

C. All coaches must play all of their players a full game in the first or second game of the match. One of the purposes of the league is to provide a learning experience for the students.

D. Reserve and Jr. Reserve leagues play with a time limit of 20 minutes per game. If the score is tied at the end of 20 minutes, the game will be decided by sudden death. The clock does not run during time outs.

E. Ten minute warm up time before the match begins. SUGGEST 3 MIN. BUMP TIME, 3 MIN. SPIKE TIME AND 4 MIN. SERVING TIME.

F. If each team can provide a line judge, they will be used. The officials will instruct them on what to do before the match begins.

G. When a player has served 5 straight points, the team will rotate.

H. If a server is taken out and a sub is entered, the sub can serve only the balance of the five points and then they must rotate.

J. If a participant is not playing, the reason **MUST** be listed on the lineup card before the first game of the match. **NO EXCEPTIONS.** The following codes are to be used:

- | | |
|----------------------------|---|
| 1. Academically ineligible | 4. Absent |
| 2. Sick/ill | 5. Suspended by Diocesan Recreation Association |
| 3. Did not attend practice | 6. Explained on back of lineup card |

9. **SETTING**

A. A set may not be overtly held. This is always a judgment call.

10. **SERVING LINE:**

A. The serving line will be thirty (30) feet from the center line for Varsity and Jr. Varsity, twenty five (25) feet for Sr. Reserve, Reserve and Jr. Reserve. A player may not step on or over the line at the point of service contact.

11. **OFFICIALS:**

A. The official will signal with a whistle and a hand signal when he/she is ready for the ball to be served.

B. The player must wait for the whistle to serve the ball, or a side-out penalty will be enforced.

C. Two short whistle blasts will be used for time-out and substitution to distinguish between the service whistle

12. **SUBSTITUTION:**

A. The coach, captain or incoming substitute may request time-out for substitution from the referee or umpire only when the ball is dead.

B. The incoming player must take the position and place in serving order of the player for whom they are substituting. No change shall be made in the order or rotation.

C. A player who re-enters the game shall be in their original position in relation to his or her teammates and must retain their original serving number.

D. **Sr. Reserve, Reserve and Jr. Reserve**--A player shall not enter the game more than three (3) times. Starting the game counts as an entry.

E. **Varsity and Jr. Varsity**—A team is allowed a maximum of 18 substitutions per game. Each player is allowed unlimited entries within the team limit. See NFHS Rule 10-3.

F. A player substituting must give his or her number and the number of the player he or she is replacing.

13. **EXCHANGE OF COURTS:**

- A. At the end of each game of the match, teams shall exchange courts.
- B. Team players and coaches will switch sides and sit on the same side as the team.
- C. A coin will be tossed for the third game of the match.

14. **LINE-UP CARDS:**

- A. Two (2) minutes prior to the first game of the match, a line-up shall be submitted to the scorer. Between games new line-ups must be submitted within two (2) minutes. Verbally submitted lines are allowed if there are **NO** changes. When changes are needed, the line-up must be written and then submitted

15. **PLAYER ADMISSION:**

- A. Any player not in full uniform will be charged the admission fee. Two (2) coaches will be admitted free of charge only when they show their signed pass.

16. **UNIFORMS:**

- A. EACH PLAYER'S UNIFORM MUST HAVE NUMBERS ON THE FRONT AND BACK OF THE JERSEY FOR THE CONVENIENCE OF THE SCORERS AND OFFICIALS.
- B. Players shall not wear jewelry with the exception of religious or medical medals that may be worn if **taped to the body**. Hair ribbons and clasps (if soft) may be worn. **No earrings** under any circumstances. No other exceptions.
- C. Knee pads **MUST** be worn in the game.
- D. **NO SPANDEX SHORTS.** All shorts must be of a **modest length** to be approved by the Athletic Director. Shorts should have at least a 5" inseam. Shorts may be longer.

17. **CONDUCT:**

- A. A team will be penalized for un-sportsmanlike conduct by the referees by side-out or point.
- B. For excessive un-sportsmanlike conduct, according to the referee's judgment, team members (including all players, coaches, managers and substitutes) may be disqualified from further competition in the match or ejected from the premises.
- C. Any attempt to distract the opposing team - by any means - by team members or spectators, A or B will take effect against the offending team. There will be no horns, bells, whistles or noisemakers allowed in the gym.

18. **BASKETBALL PRACTICE:**

A. NO PARISH MAY START BASKETBALL UNTIL THURSDAY, NOVEMBER 10, 2011. **NO EXCEPTIONS.**

19. **ELIGIBILITY LIST, PARENT CONSENT CARDS AND FEES:**

A. **All eligibility lists and parent consent cards are due Wednesday, SEPTEMBER 14, at the Diocesan Office 1st floor, hours from 4:30pm to 6:30 pm**

20. **FEES:**

A. The fees for Volleyball are as follows:

1. Association Fee (paid once each year)	\$ 25.00
2. League and Tournament Fee (per team)	\$ 40.00
3. Parent Consent Fee (per participant, per sport)	\$ 10.00
4. Officials Fee (per team) Varsity & Jr. Varsity	\$30.00
5. Officials Fee (per team) Sr. Reserve, Reserve & Jr. Reserve	\$ 25.00

NOTE: If only one official – Sr. Reserve, Reserve & Jr. Reserve, \$20.00 and Jr. Varsity and Varsity \$25.00.

21. **IMPORTANT DATES:**

A. Fees and forms due WEDNESDAY, SEPTEMBER 14 AT DIOCESAN OFFICE
Hours 4:30pm. To 6:30pm.

B. League play begins on September 17 or 18, 2011. Teams could play on either day, or in some cases on both days.

22. The Jr. Reserve and Reserve League (4th & 5th grade) GIRLS ONLY, will use the Trainer ball.

23. All coaches must play by the rules. If rules are broken you may forfeit the game, and or be suspended for a period of time decided by the director. If more incidents occur, a coach will be banned from coaching in the Diocesan Recreation Association program.

24. Each team will be issued one (1) pass for the head coach and one (1) pass for the assistant coach. Passes must be signed in ink and presented at the door when you enter the gym. If you do not show your pass, you WILL be charged \$1.00 for admission. Only two coaches will have passes to enter the gym without charge and **only two coaches are permitted on the bench**. If you have other coaches that assist you at practice, they will have to sit in the bleachers with the spectators.

25. "T" shirts worn with uniforms **MUST** be the same color as the predominant color of the uniform shirt.

26. Both teams **MUST** stay on the floor during warm-up time before the game. Cooperation is needed, bump at the same time, serve at the same time, and spike at the same time. **NO ONE** leaves the floor during warm-up time. Remember, we have a time constraint.
27. Participants are **NOT** allowed to wear glitter and/or face paint during the game.

28. **VIDEOTAPING: IT IS PERMISSIBLE FOR PARISH TEAM OR TEAM REPRESENTATIVE TO VIDEOTAPE OR FILM A GAME IN WHICH SAID TEAM IS PARTICIPATING. SUCH VIDEOTAPE OR FILM MAY NOT BE USED FOR COACHING PURPOSES UNTIL GAME IS COMPLETED.**
***IT IS NOT PERMISSIBLE FOR A TEAM OR PARISH TEAM REPRESENTATIVE TO VIDEOTAPE OR FILM GAMES OF OTHER TEAMS WITHOUT WRITTEN CONSENT OF THE PARTICIPATING TEAMS.**

***SPECTATORS CAN FILM GAMES FOR FAMILY OR PRIVATE USE.**

***VIOLATORS WILL BE SUBJECT TO SUSPENSION RULE.**

**ALL TEAMS IN RESERVE, SR. RESERVE, JR. VARISTY AND VARISTY WILL TAKE
PART IN THE DIOCESAN VOLLEYBALL TOURNAMENT
OCTOBER 29-NOVEMBER 6, 2011
Matches will be played on Saturdays and/or Sundays.
All tournaments will be single elimination.
Please plan accordingly.**

**THE DRA RESERVES THE RIGHT TO PLACE RECREATOIONAL TEAMS IN COMPTEITIVE
POST-SEASON TOURNAMENTS IF WARRANTED OR VICE VERSA**

**ALL VOLLEYBALL SCORES MUST BE SUBMITTED TO THE DRA OFFICE. WINNING
COACHES SHOULD REPORT THE SCORE OF THE MATCH. THE NEW SCORE
REPORTING FORM IS LOCATED ON THE RECREATION WEB SITE AT
www.cdeducation.org/rec**

ALL SCORES MUST BE REPORTED BY 9:00AM. MONDAY MORNING.

The preferred method of reporting the scores is via the website! If you are unable to access the website, you may email the scores to mraines@cdeducation.org or phone them to the DRA Office at 241-2580.