

Health Graded Course of Study (2005)

Standard: Social Health

Grade Level Objectives

- Understand “stranger danger”. (K)
- Know the difference between “good” and “bad” touch. (K)
- Understand that any inappropriate touch needs to be reported to an adult. (grade 1 and on)
- Identify the people to contact in an emergency situation. (grade 3 and on)
- Identify ways to maintain safety in various environments. (grade 5)
- Know and use necessary safety practices. (HS)

Standard: Physical Health

Grade Level Objectives

- Recognize the misuse and inappropriate expressions of sexuality. (HS)

Standard: Mental/Emotional Health

- Recognize when adult help is needed to resolve a problem. (grade 1)
- Identify some situations that could cause physical or emotional harm and list strategies to avoid them. (grade 2)
- Identify refusal skills. (HS)

Family and Consumer Science (2004)

Standard: Strengthening families and empowering individuals to take action for the well-being of self and others.

General Objective: Personal development/practical living

Grade Level Objectives

- Identify ways to enhance self-esteem. (grades 9-12)
- Form healthy, caring relationships with peers and family. (grades 9-12)
- Choose ways to express sexuality responsibly. (grades 9-12)

General Objective: Parenting/child development

Grade Level Objective

- Recognize positive parent-child relationships

The Parent, Parish and School Partnership

Although parishes and schools provide instruction through the Graded Courses of Study regarding personal safety and assault prevention, the Diocese of Columbus supports parents who are the first and primary educators. To that end, in addition to requiring parents to participate in the Protecting God’s Children program, parents are provided support in working with their own children. The VIRTUS Resource, “Practical Advice for Parents on Preventing Child Sexual Abuse” is distributed to parents through the parishes and schools.

Curriculum Support

for

“Protecting God’s Children”



Operating standards for all schools in the State of Ohio require that personal safety and assault prevention be taught in grades kindergarten through six.

Operating standards for the Ohio Catholic Schools Accrediting Association have the same requirements.

The Diocese of Columbus implements this requirement through the Religion Graded Course of Study in schools and Parish Schools of Religion. In addition, in Catholic schools, objectives in the Graded Courses of Study for Health and Family Consumer Science provide additional opportunities for instruction

Religion Graded Course of Study

Introduction: The Standard, general objectives, grade level indicators and themes are from the *Religion Graded Course of Study P-12 (2006)*

Standard: Discover and recognize the development of the Christian person and experience the baptismal call to dignity, relationship, moral decision-making and service.

General Objective: Express that every person is loved by God first and is made to the image and likeness of God.

General Objective: Recognize that a person responds to the love of God by growing in relationship to God, others, self, and all creation.

General Objective: Value the inherent dignity of every person.

General Objective: Describe the process of developing a person's informed conscience.

Themes in Sexuality Objectives of the Religion Graded Course of Study

Personal Growth and Development

- Person is unique and valuable with gifts and abilities
- Intellectual, physical and emotional needs of the person
- Care and respect for one's body and the body of others
- Love and respect for self and others
- Ways that society dehumanizes and abuses persons and also humanizes them
- Ways that people suffer from discrimination and inequality

Life

- All life is a gift from God and to be respected and cared for
- Respect their God given worth and that of others
- Life is sacred from conception to natural death
- Belief in the intrinsic value of human life in all its various stages
- Elements in the culture that dehumanize and/or abuse persons and those elements that could humanize persons.

Relationships

- Role of feelings in relationships
- Positive/negative influence of groups in building relationships
- Impact of stereotyping on the building of relationships
- Skills in building relationships
- Prayer and sacraments as a source of encouragement, peace and strength in relationships
- Christian values and virtues foundational in building relationships
- Types of intimacy
- Intimacy and chastity in relationships
- Respond to the love of God by the way we treat self and others
- Men and women are equal partners in all of life, yet are different
- Respecting one's body and the body of others
- The nature and responsibility of friendship
- How love is shown in various relationships
- The commandments aid good relationships
- The exploitation of sex and sexuality through the media

Community

- Ways that a community forms persons
- Role of the community of faith in Catholic moral formation
- Gifts of the individual are to be used for building up the Christian community

Moral Decision-Making

- Recognizing actions that are kind or hurtful; loving or non-loving
- Recognize a process of moral decision-making
- Identify sources to help one make Christian moral decisions
- Options are a part of every moral dilemma
- One's choices have consequences for oneself and others

For a full list of grade level indicators contact the Office of Religious Education and Catechesis.