

Break-Out Selection Form

YOUTH RALLY 2009

Columbus Diocesan Office of Youth and Young Adult Ministry

Please clearly print your name and indicate your t-shirt size.

Name of Participant: _____

T-shirt size: S M L XL XXL XXXL

Select and rank the top three break-out sessions that interest you the most. We will do our best to accommodate your top two selections.

- 01: **Early Church History, From the Boat to the Altar!**, Kyle Callahan
Shakespeare wrote, “What’s past is prologue”; understanding where we come from helps us understand where we are now and where we’re going. The first Christians were followers of Christ, they put their trust in Him, and became disciples who carried and shared His Word with others, and with the guidance of the Holy Spirit, they formed they shaped the way our Church is today. So how exactly did this happen? Check out this workshop and see for yourself!
- 02: **Youth Arise! A Workshop on Evangelization**, Dan DeMatte
This world that we live in is starving for truth, for love, and for life. Happiness seems distant and impossible for so many people. And here we are, Christians who have been shown the way, the truth and the life, the key to all happiness, and what do we do with this, nothing! We hide our faith, scared of what others will say or think. We hide the key to world peace and world happiness all because of our fear. People often ask, “Why doesn’t God do something to help bring an end to all the evil in the world?” He has. He created you. You are meant to be His light in the darkness. You are meant to live and preach the GOOD NEWS of the Gospel. This world is in need of an intense renewal and the renewal begins with you! Come to this workshop, and together, we will set the world on fire!!
- 03: **Mary – Yeah, She’s Sweet!**, Amber DeMatte
Have you ever wondered what makes Mary so special? Ever grow tired of the seemingly monotonous drowning on and on and on of the Rosary? Think you’re the only Catholic who just doesn’t get this whole “Mary” thing? Have no fear... we’ve all been there! Come and discover the glories of our Blessed Mother! You’ll find out why the heck she’s so great, and how to get to know her more as your own heavenly Mamma. Finally you’ll learn how to make the Rosary not only bearable, but an adventure into the life of Jesus that will leave you begging for more.
- 04: **Global Solidarity: We Are All in the Same Boat**, Dave Gallant
Our reality is that we have been sheltered by our circumstances; we have been given more than we will ever need. By living in one of the richest of nations in the world, we have also been given one of the greatest responsibilities-reaching out to all nations, especially those people who are less fortunate than us. In order for us to “Get out of the Boat”, we have to help others “Get out of the Same Boat”. We are all one people created equally by God, and it is important to remember that we are “One Human Family”. Come learn what you can do to individually promote global solidarity and help create a “diocesan-wide” global solidarity project. To finish this session, watch a video of pictures from my recent trip with Catholic Relief Services to Nigeria.

- 05: _____ **Spiritual Combat**, Fr. Joshua Wagner
A workshop on how to practically live Catholic spirituality wrought with danger! The title is taken from Dom Scupoli's book of the same title, which St. Francis DeSales (patron saint of the Diocese of Columbus!) read and kept in his pocket for 18 years (!). Everyone has their own obstacles that prevent them from growing closer to God. This workshop will help you destroy these obstacles and temptations that come into life. You'll come out of this workshop knowing yourself better, while keeping the focus on God, with a renewed enthusiasm to fight the good fight!
- 06: _____ **Catholic on Campus**, Megan Thompson and Ricky Shoop
Staying true to our Catholic identity in college is really hard, especially when society tells us that religion and morals are not important during this time. Through personal testimonies, Scriptural context, and more, this break-out session will challenge society's norms by giving tips on how to maintain your faith in college.
- 07: _____ **Vocations**, Fr. Donald Franks
How do we come to know and understand God's will and what we are called for? And how do we know if we are called to a religious life? This workshop will explore the different vocations: Marriage, Holy Orders, and Religious or Consecrated Life, and how we can live out our vocations right now as a disciple of Christ.
- 08: _____ **Praise & Worship**, Chris Rockwell
There are so many avenues of ministry that can lead someone to the Lord. This workshop is for young people interested or who feel called to use their gifts of music for the Church. We will demonstrate the basics of contemporary music for liturgy and youth events including sources of music, improving musical skills, getting equipped and selecting appropriate music for liturgy (simple, singable, scriptural). After a brief Q&A period, we'll spend time in praise and worship together.
- 09: _____ **Apologetics, Where is *THAT* in the Bible?**, Paul Pennino
Too often Catholics find themselves speechless when asked about our beliefs, whether by Bible-quoting evangelicals or non-practicing friends. Our inability to explain ourselves can leave us feeling foolish and perhaps even unsure about what we do believe. Apologetics allows us to deepen our understanding of our beliefs and explain those beliefs to others. In this workshop we will learn the skills to talk about and explain the Catholic Faith. Ultimately, apologetics not only makes our own faith in Christ more secure but will also allow us to go in to the world and bear witness to His Gospel.
- 10: _____ **Pray Like a Saint**, Fr. Pat Toner
Not everyone was born a saint, in fact, no one was. So how are we called to sainthood and what is it like to pray like one and still be a teenager? Easy! This workshop will talk about some great saints that we can model after, and also include the different ways we can pray, tips on how to pray, develop your own prayer style, and be the kind of prayerful person that God wants us to be.

When completed, please return this form to your Youth Minister or Adult Leader.